



Will you have the time when it stops ticking?

IT'S EASY TO PUT OFF CHECKING
YOUR HEART HEALTH BUT NOW
MAY BE THE ONLY TIME YOU HAVE

Heart Disease is the single biggest killer of Australians. But for the most part it can be prevented. Being male or having a family history of heart disease increases your risk. Stress, high cholesterol, blood pressure, stress and poor diet can contribute to your risk of a heart attack. Know your risk factors and make the time for a heart health check - it's free if you are over 45.

Talk to your doctor.

Catch heart disease early.

DENILIQIN
LOCAL HEALTH
ADVISORY COMMITTEE